



## The Mirror Book: Mirror Sailing from Start to Finish for Beginners & Advanced Sailors (Dinghy Series)

*By Peter Aitken, Tim Davison*

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### **The Mirror Book: Mirror Sailing from Start to Finish for Beginners & Advanced Sailors (Dinghy Series)** By Peter Aitken, Tim Davison

This book tells you everything you need to know about sailing the bermuda and gaff-rigged Mirror.

Packed with practical advice and illustrated with step-by-step photographs, it teaches you how to sail the UK's most iconic and best-loved dinghy – there are over 70,000 of them. Learn all the essentials, from sailing theory and rigging to faster upwind and downwind sailing and the fundamentals of racing.

Whatever your standard and whether you sail for fun or race competitively, this book will tell you how to get the best out of your Mirror. Peter Aitken, former UK National Mirror Coach, and Tim Davison, a successful racer, reveal the basics and show you how to outsmart the opposition.

A version of this title specifically for iPad/tablet devices is also available. Please see “The Mirror Book (For Tablet Devices)”.

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### Editorial Review

#### Review

"...packed with practical information". Boat Mart September 2008 "the ultimate - and amazingly, the only - Mirror technique guide...covers every facet of the class..with step-by-step photography". Yachts & Yachting Friday 25 July 2008

#### From the Back Cover

**The Mirror Book** tells you everything you need to know about Mirror sailing.

Packed with practical advice and illustrated with step-by-step photographs, this book teaches you how to sail the UK's most iconic and best-loved dinghy. Learn all the essentials, from sailing theory and rigging to faster upwind and downwind sailing. Peter Aitken, the UK National Mirror Coach, and Tim Davison, a successful racer, reveal the basics and show how to outsmart the opposition.

Whatever your standard and whether you sail for fun or race competitively, this is the only book you'll ever need to sail your Mirror and get the best out of it.

#### About the Author

**Peter Aitken** is the UK National Mirror Coach and has seen plenty of his charges triumph on the world scene, most recently with a gold medal at the Mirror World Championships in South Africa.

**Tim Davison** has been Laser (Masters) European Champion and has twice won the Moth National Championships.

### Users Review

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##### Jimmy Borrelli:

Spent a free the perfect time to be fun activity to accomplish! A lot of people spent their free time with their family, or their particular friends. Usually they undertaking activity like watching television, planning to beach, or picnic in the park. They actually doing ditto every week. Do you feel it? Do you wish to something different to fill your own personal free time/ holiday? May be reading a book could be option to fill your no cost time/ holiday. The first thing that you'll ask may be what kinds of e-book that you should read. If you want to attempt look for book, may be the reserve untitled The Mirror Book: Mirror Sailing from Start to Finish for Beginners & Advanced Sailors (Dinghy Series) can be excellent book to read. May be it is usually best activity to you.

##### Eugene Barnum:

The reason? Because this The Mirror Book: Mirror Sailing from Start to Finish for Beginners & Advanced

Sailors (Dinghy Series) is an unordinary book that the inside of the reserve waiting for you to snap that but latter it will zap you with the secret it inside. Reading this book next to it was fantastic author who have write the book in such incredible way makes the content within easier to understand, entertaining way but still convey the meaning totally. So , it is good for you for not hesitating having this nowadays or you going to regret it. This unique book will give you a lot of benefits than the other book possess such as help improving your proficiency and your critical thinking means. So , still want to postpone having that book? If I had been you I will go to the e-book store hurriedly.

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