



# Survivors & Partners: Healing the Relationships of Sexual Abuse Survivors

By Paul A. Hansen Ph.D.

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This book is written for couples (or individuals) who are facing healing the effects of the wounds of childhood sexual abuse on their relationships. It provides both the survivor and the partner an in-depth understanding of the factors affecting each of them and offers a clear guide to working through the necessary steps and issues for healing. A helpful guide for individuals, couples and for therapists facing these issues. Topics covered include: ACCEPTING THE JOURNEY How to Recognize the Victim, Understand the Survivor, And Become a Thriver. DISCOVERING AND IDENTIFYING THE ABUSE: Effects on the Couple THE STRUGGLE WITH DENIAL: Breaking through Denial RUNNING AWAY BEHAVIOR: The Quest for Safety COPING WITH ANGER GRIEF: Healing the Losses for each person HOW TO HANDLE SEX: The Dilemma of Intimacy WHO IS THE VICTIM? The Victimization of the Partner HINTS FOR COUPLES IN THE HEALING PROCESS Useful questionnaires to confirm an assessment of sexual abuse help understand some of the more confusing effects of the abuse.

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### **Editorial Review**

#### **About the Author**

Paul A. Hansen, PH.D. is a retired therapist who helped numerous Survivors in his practice over 25 years. He and his wife, both of whom are Survivors, conducted workshop for couples where one or both are Survivors. This book helps the often neglected Partner and is written from the point of view of one who has lived that role. Though retired, he remains active in pursuit of healing for such persons all over the world.

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