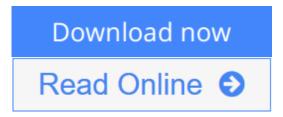


### The Four Week Ketogenic Bliss: For Meat Lovers (Ketogenic Diet, Ketogenic Cookbook, fat loss, meat cookbook) (Four Week Diet Plans Book 2)

By David Maxwell



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## A Four Week Ketogenic Diet Plan with loads of insanely delicious meat recipes

Nutritional contents are provided at the end of every recipe. There are many useful hyperlinks in the book to make browsing easy. Good Luck and Have Fun!! I hope you achieve your fitness goals with this book and find this diet easy to follow...



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