



Take it Off

By Matthew Grishman

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Do you feel like you have disappointed yourself and/or others? live with regrets? walk around with a “game face” on? never let your guard down? frequently want what others have? If you answered yes to any of these questions, then TAKE IT OFF is a must-read for you. In this powerful, personal story of one man’s journey from having everything to having nothing, author, speaker, trainer and wealth coach, Matthew Grishman, shows readers how to redefine and amass enormous amounts of True Wealth, through authenticity and abundance, and ultimately living the meaningful life so many are in search of. TAKE IT OFF is an inspirational, witty “How-To” guide that is guaranteed to make readers laugh, cry, forgive, and ultimately take that first step toward finding True Wealth and a life of endless meaning and fulfillment.

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Editorial Review

About the Author

Matthew Grishman, Author, Speaker, Trainer and Wealth Coach. Coaching is Matthew's passion. He is obsessed with challenging the status quo and teaching others how to do the same. Matthew has developed a unique belief system about money and true wealth that runs completely counter to the Wall Street culture he was raised in. His unique ability is to inspire people to live abundantly and authentically. Whether Matthew is helping a family define and protect their true wealth, guiding other wealth advisors to discover their own value proposition, or teaching the youth in his community about life through the great games of baseball and basketball, Matthew shows up and gives it his all each and every day. Matthew began his career in financial services in 1995 with A.G. Edwards & Sons, Inc., and became fully licensed as an Investment Broker in 1996. He spent seventeen years as a national spokesperson for large mutual fund and insurance companies (Lord, Abnett & Co, Putnam, and MetLife). Matthew left corporate America in 2011 to devote his time and experience in financial services to his family, friends and neighbors. In 2014, Matthew joined Gebhardt Group, Inc., an independent Registered Investment Advisor. He became an owner of the firm in 2015. As a Principal and Wealth Advisor of Gebhardt Group, Inc., Matthew provides wealth management services for families experiencing major life transitions (e.g. inheritance, sale of a business, death or divorce of a spouse, planning for retirement, career change, or sudden loss of a job). Matthew is also the Co-Founder and Chief Marketing Officer of the 401k advisory service 401k Masters, LLC. He leads the company's Sacramento-area office. Matthew resides with his wife, Amie, and their two sons, Miles and Lucas, in Rocklin, California. When not working with clients, Matthew spends his time writing, creating, and exploring amazing places with his family, like Yosemite National Park, the California Coast, and big cities around the world. Matthew is a volunteer umpire and baseball coach for his local Little League. He also served for eight years on their Board of Directors. Matthew received a Bachelor of Arts degree in Political Science and Sociology from the State University of New York at Albany in Albany, New York in June of 1994. He holds a State of California Insurance License for Life, Accident, Disability and Health Insurance. His registrations include Series 65.

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