



## Put Emotional Intelligence to Work : Equip Yourself for Success

By Jeff Feldman, Karl Mulle

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*Put Emotional Intelligence to Work* provides a background on the concept of emotional intelligence, the awareness and ability to manage ones emotions in a healthy and productive manner. This title features tips for achieving peak performance, cognitive and behavioral strategies for emotional self-management, and instructions for changing long-entrenched patterns of behaviors. An action planning model provides a blueprint for individual and group implementation of these powerful, life-changing principles.

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## **Put Emotional Intelligence to Work : Equip Yourself for Success** By Jeff Feldman, Karl Mulle **Bibliography**

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### **Editorial Review**

#### **Review**

Karl and Jeff have crafted the underlying scientific and social science principles of emotional intelligence into a practical guidebook for both personal and professional success. A must-read for those in training and development, HR, and organizational development. --Bruce Christopher, Psychologist and Humorist, Bruce Christopher Seminars, Comedy with Content

Finally a book on emotional intelligence that provides readers with practical how-to guidance. Individuals, teams, and organizations now have a roadmap on how to really use emotional intelligence for personal and professional success. Jeff and Karl use humor, examples, and step-by-step exercises to take readers on a life-changing journey for the better. --Jennifer Jones, Director, Organizational Effectiveness, Holy Cross Hospital, Silver Spring MD

Where the multiple intelligences by Howard Gardner redefined how people learn, emotional intelligence redefines how people relate to others--whether leaders, parents, friends, or staff. Jeff and Karl have written an actionable book on EI with tips and techniques that everyone can apply immediately. The academic background information is need-to-know and concise. Get this book on your desk to help you deal with the reality of relationships. --Lou Russell, CEO, Russell Martin & Associates and L+EARN

#### **About the Author**

Jeff Feldman is President of Eagle's View Enterprises, and is a trainer, speaker, and personal achievement coach. His extensive client list includes 3M, BASF, US Federal OPM, and General Electric. He resides in Bunker Hill, West Virginia.

Karl Mulle is a dynamic keynote speaker with more than 20 years experience in adult education and working with Fortune 500 companies as a corporate trainer and coach. He Resides in Edina, Minnesota.

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