



It's Really 10 Months: Delivering the Truth About the Glow of Pregnancy and Other Blatant Lies

By Natalie Guenther, Kim Schenkelberg, Celeste Snodgrass, Dr. Robert Bonebrake, Megan Woolsey

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No one ever tells you about all of the crap that happens to you when you're pregnant. Like, for example, it's not nine months, it's ten long months.

We are three thirty-something women who were fortunate enough to be pregnant at the same time. We shared our questions, fears, humor, and experiences through emails, which became our lifeline and virtual support group. Here, we share the good, the bad, and the ugly of our experiences. We do not hold back for the squeamish or the faint of heart—you need the truth, and now!

We are all social workers with graduate education, and we have all worked in the obstetrical units of hospitals for many years. Along the way, we thought it might be helpful to have someone sane weigh in on our hormonal ramblings, so we asked Dr. Bob, a specialist in high-risk pregnancies to help us out. But, we know that all of this experience is nothing like being pregnant yourself!

So prop up your cankles, rest this book upon your shelf of a belly, and check out our email log. We made it through the entire experience and lived to tell the tale—and you will too.

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Editorial Review

About the Author

Natalie, her sweet husband, and their three impressively loud boys spend most of their time at one sporting event or another. She works in the medical field as a social worker. In her spare time she enjoys sitting in silence, eating dinner with other adults and sleeping for more than 5 hours at a time.

Kim lost her marbles and married a man who is the youngest of ten. She became a stepmom to his boys who are growing up way too fast. They added two girls and a boy to their clan. She works as an adoption search and reunion specialist by day, a mental health therapist by night and a writer/publisher during her non-existent free time. She laments daily that she is not a trust fund baby.

Celeste, her hilarious husband, two quickly growing kids and two dogs are new transplants to Sioux Falls, SD. She works for an international child welfare and adoption agency. She daydreams of having enough free time to make all the delicious recipes and fun DIY projects she has on her Pinterest boards.

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