



# The Couch and the Tree: Dialogues in Psychoanalysis and Buddhism

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**The Couch and the Tree: Dialogues in Psychoanalysis and Buddhism** From Brand: North Point Press

A provocative and trailblazing cross-disciplinary anthology.

With the growing interest in the relationship between Buddhism and psychoanalysis, it is surprising that no book has replaced the 1960 classic *Zen Buddhism and Psychoanalysis*, with essays by D. T. Suzuki, Erich Fromm, and Richard De Martino. Now, in this new alchemical collection, psychoanalyst Anthony Molino offers a bold new alloy of these two major disciplines. Both ambitious and timely, *The Couch and the Tree* is a two-part anthology that spans and documents a unique cross-fertilization of Eastern and Western thought. While Part One provides a historical overview of the classic writings in this far-reaching, adventurous dialogue (including the works of Fromm, Suzuki, Jung, Hisamatsu, Watts, and Horney, to name only a few), Part Two features a series of brilliant contemporary works, many appearing here for the first time. Included are essays by such innovative thinkers as Adam Phillips, Mark Epstein, Masao Abe, Polly Young-Eisendrath, Nina Coltart, and Michael Eigen. Most notable perhaps is a conversation--on the question "Is There an Unconscious in Buddhist Teaching?"--between the psychoanalyst Joyce McDougall and His Holiness the Dalai Lama. A truly essential collection, unique in both conception and scope, *The Couch and the Tree* marks a watershed in interdisciplinary and cross-cultural exploration.

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## **Editorial Review**

From Library Journal

Molino, a psychoanalyst, anthropologist, and translator, has put together a timely collection of essays addressing the relevance of psychoanalysis and Buddhism to one another. The first section, with essays by Jung, Suzuki, Fromm, and Horney, among others, provides an overview of some of the better-known seminal works in this area, thus serving as an excellent foundation for the more contemporary examinations in the second section. It is hard to imagine a more thorough collection. Individual essays betray certain prejudices and dispositions toward particular schools of thought, but the final feeling of the collection is balanced. It becomes clear that psychoanalysis and Buddhism have much to offer one another, as they work essentially the same territory?examination of the elusive nature of the human mind. Highly recommended, especially for academic collections.?Mark Woodhouse, Elmira Coll.,  
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## **Review**

"It is hard to imagine a more thorough collection . . . It becomes clear that psychoanalysis and Buddhism have much to offer one another, as they work essentially the same territory-examination of the elusive nature of the human mind."--*Library Journal*

## **About the Author**

**Anthony Molino**, a psychoanalyst, anthropologist, and award-winning translator of Italian literary works, has edited two collections of interviews with prominent psychoanalysts. He lives with his wife in Italy.

## **Users Review**

### **From reader reviews:**

#### **Janelle Smith:**

Exactly why? Because this The Couch and the Tree: Dialogues in Psychoanalysis and Buddhism is an unordinary book that the inside of the reserve waiting for you to snap the item but latter it will distress you with the secret the item inside. Reading this book beside it was fantastic author who all write the book in such amazing way makes the content inside of easier to understand, entertaining method but still convey the meaning totally. So , it is good for you for not hesitating having this ever again or you going to regret it. This amazing book will give you a lot of gains than the other book have such as help improving your expertise and your critical thinking method. So , still want to hold up having that book? If I were you I will go to the book store hurriedly.

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