



Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions (Complete Martial Arts)

By Robert Chu, Rene Ritchie, Y. Wu

Download now

Read Online ➔

Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions (Complete Martial Arts) By Robert Chu, Rene Ritchie, Y. Wu

Master the many styles of Wing Chun Kung Fu with this expert martial arts guide.

With the fame of Bruce Lee, the conditions in Hong Kong, and the hard work and effort of many of his classmates, the Wing Chun of the late master Yip Man became one of the most well-known and popular Chinese martial arts in the world. Although this gave Wing Chun international recognition, it also led to a lot of misconceptions. Due to a lack of authentic information, many mistakenly came to assume that the renowned Yip Man was the sole inheritor of the style and that his Wing Chun was the lone version of the art.

In fact, there are several different and distinct systems of Wing Chun. Unfortunately, over the years most of these systems have remained unseen or unreported to all but a few—until now.

Profusely illustrated with over 300 historical photographs, *Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions* presents seldom seen information on a dozen branches of the Wing Chun art. It offers the reader side-by-side comparison of these arts by outlining each system in terms of Wing Chun history, principles, basics, and training methods:

- Yip Man Wing Chun
- Yuen Kay-San Wing Chun Kuen
- Gu Lao Wing Chun Kuen
- Nanyang Wing Chun Kuen
- Pan Nam Wing Chun Kuen
- Pao Fa Lien Wing Chun Kuen
- Hung Suen Wing Chun Kuen
- and more!

 [**Download** Complete Wing Chun: The Definitive Guide to Wing C ...pdf](#)

 [**Read Online** Complete Wing Chun: The Definitive Guide to Wing ...pdf](#)

Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions (Complete Martial Arts)

By Robert Chu, Rene Ritchie, Y. Wu

Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions (Complete Martial Arts) By Robert Chu, Rene Ritchie, Y. Wu

Master the many styles of Wing Chun Kung Fu with this expert martial arts guide.

With the fame of Bruce Lee, the conditions in Hong Kong, and the hard work and effort of many of his classmates, the Wing Chun of the late master Yip Man became one of the most well-known and popular Chinese martial arts in the world. Although this gave Wing Chun international recognition, it also led to a lot of misconceptions. Due to a lack of authentic information, many mistakenly came to assume that the renowned Yip Man was the sole inheritor of the style and that his Wing Chun was the lone version of the art.

In fact, there are several different and distinct systems of Wing Chun. Unfortunately, over the years most of these systems have remained unseen or unreported to all but a few—until now.

Profusely illustrated with over 300 historical photographs, *Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions* presents seldom seen information on a dozen branches of the Wing Chun art. It offers the reader side-by-side comparison of these arts by outlining each system in terms of Wing Chun history, principles, basics, and training methods:

- Yip Man Wing Chun
- Yuen Kay-San Wing Chun Kuen
- Gu Lao Wing Chun Kuen
- Nanyang Wing Chun Kuen
- Pan Nam Wing Chun Kuen
- Pao Fa Lien Wing Chun Kuen
- Hung Suen Wing Chun Kuen
- and more!

Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions (Complete Martial Arts) By Robert Chu, Rene Ritchie, Y. Wu **Bibliography**

- Sales Rank: #309496 in Books
- Brand: Robert Chu
- Published on: 1998-06-15
- Released on: 1998-06-15
- Original language: English
- Number of items: 1
- Dimensions: .35" h x .20" w x 6.00" l, .58 pounds
- Binding: Paperback
- 160 pages

 [**Download** Complete Wing Chun: The Definitive Guide to Wing C ...pdf](#)

 [**Read Online** Complete Wing Chun: The Definitive Guide to Wing ...pdf](#)

Download and Read Free Online Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions (Complete Martial Arts) By Robert Chu, Rene Ritchie, Y. Wu

Editorial Review

Language Notes

Text: English, Chinese

About the Author

Robert Chu has been involved in martial arts since 1972, and is a practitioner of the Yip Man, Gu Lao, Yuen Kay-San Wing Chun styles. Mr. Chu's articles have appeared in *Martial Arts Legends*, *Inside Kung-Fu*, *Wing Chun Viewpoint*, and *Wing Chun Today*. His monthly column appears in *Martial Arts Illustrated*. Mr. Chu resides in California

Rene Ritchie has been studying Yuen Kay-San style of Wing Chun since 1990. His articles have appeared in *Martial Arts Masters*, and *Wing Chun Today*. He created and maintains the www.wingchunken.com website from his home in Eastern Canada.

Y. Wu has been involved in Wing Chun since 1984. He is a practitioner of the Nanyang and Yip Man Wing Chun styles. Mr. Wu is the author of *The Nanyang Wing Chun Primer Vol. 1*, and resides in Singapore.

Users Review

From reader reviews:

Hazel Mishler:

Book is usually written, printed, or descriptive for everything. You can realize everything you want by a guide. Book has a different type. As we know that book is important matter to bring us around the world. Close to that you can your reading skill was fluently. A publication Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions (Complete Martial Arts) will make you to end up being smarter. You can feel considerably more confidence if you can know about every thing. But some of you think in which open or reading a new book make you bored. It's not make you fun. Why they can be thought like that? Have you trying to find best book or ideal book with you?

Joshua Yoshida:

Now a day those who Living in the era just where everything reachable by interact with the internet and the resources included can be true or not require people to be aware of each information they get. How many people to be smart in getting any information nowadays? Of course the correct answer is reading a book. Reading a book can help men and women out of this uncertainty Information specifically this Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions (Complete Martial Arts) book because this book offers you rich information and knowledge. Of course the knowledge in this book hundred percent guarantees there is no doubt in it you know.

Bryan Lewis:

Reading a book being new life style in this season; every people loves to examine a book. When you go through a book you can get a great deal of benefit. When you read publications, you can improve your knowledge, because book has a lot of information onto it. The information that you will get depend on what sorts of book that you have read. In order to get information about your examine, you can read education books, but if you act like you want to entertain yourself you are able to a fiction books, this sort of us novel, comics, and also soon. The Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions (Complete Martial Arts) provide you with new experience in reading through a book.

Christopher Walker:

As we know that book is important thing to add our information for everything. By a reserve we can know everything we would like. A book is a range of written, printed, illustrated or blank sheet. Every year has been exactly added. This book Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions (Complete Martial Arts) was filled regarding science. Spend your spare time to add your knowledge about your scientific research competence. Some people has different feel when they reading a book. If you know how big selling point of a book, you can sense enjoy to read a reserve. In the modern era like at this point, many ways to get book that you wanted.

Download and Read Online Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions (Complete Martial Arts) By Robert Chu, Rene Ritchie, Y. Wu #5QSK2480OJP

Read Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions (Complete Martial Arts) By Robert Chu, Rene Ritchie, Y. Wu for online ebook

Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions (Complete Martial Arts) By Robert Chu, Rene Ritchie, Y. Wu Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions (Complete Martial Arts) By Robert Chu, Rene Ritchie, Y. Wu books to read online.

Online Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions (Complete Martial Arts) By Robert Chu, Rene Ritchie, Y. Wu ebook PDF download

Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions (Complete Martial Arts) By Robert Chu, Rene Ritchie, Y. Wu Doc

Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions (Complete Martial Arts) By Robert Chu, Rene Ritchie, Y. Wu Mobipocket

Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions (Complete Martial Arts) By Robert Chu, Rene Ritchie, Y. Wu EPub

5QSK2480JP: Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions (Complete Martial Arts) By Robert Chu, Rene Ritchie, Y. Wu