

How to Draw Yoga Stick Figures

By Mikelle Terson



How to Draw Yoga Stick Figures By Mikelle Terson

Artist and yoga teacher, Mikelle Terson, knows that at some time or another every student of yoga resorts to stick figure drawing to remember poses they are taught and don't want to forget. She also knows that sometimes it can be difficult to represent complicated poses. No more. With Mikelle's detailed workbook, How To Draw Yoga Stick Figures, even the most artistically challenged yoga student can be drawing perfect yoga stick figures in minutes. The list of 108 poses covered in the book appears below, after information about her accompanying learning decks. Once you've mastered the practice, however, you will be able to draw any pose you like.



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How to Draw Yoga Stick Figures By Mikelle Terson Bibliography

• Sales Rank: #738464 in Books

Published on: 2002
Format: Black & White
Number of items: 1
Binding: Spiral-bound

• 123 pages



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