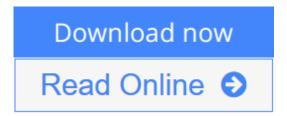


The Heart of Listening: A Visionary Approach to Craniosacral Work

By Hugh Milne



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This deluxe hardcover editions contains both Volume I and II of *The Heart of Listening*. Milne, a third generation Scottish osteopath, begins by explaining the visionary approach to healing, and how it may be applied to the realm of craniosacral work. He explains the importance of meditation, centering, and the cultivation of heartfulness in the development of compassionate practice. Milne introduces the reader to the story of visionary work—its genesis, evolution, philosophy, and practice—and explains how a grounding in meditation, sensitive touch, and intuitive perception can lead to a remarkable unfoldment in skill development. In the second volume, Milne details the anatomy, physiology, energetics, and techniques that are the essential core of visionary craniosacral work. His particular genius lies in his ability to weave a delicate tapestry of narrative, poetry, and scientific fact into a fascinating and insightful exposition of the visionary healing arts.



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Sales Rank: #3163667 in BooksBrand: Brand: North Atlantic Books

Published on: 1998-07-01Released on: 1998-07-01

Ingredients: Example IngredientsOriginal language: English

• Number of items: 1

• Dimensions: 12.20" h x 1.50" w x 9.10" l, 4.70 pounds

• Binding: Hardcover

• 528 pages

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Editorial Review

Review

- "The Heart of Listening, a welcome book to those of us teaching in this field that is so difficult to put into words, embodies the uniqueness of its author, who offers a rare combination of being a highly skilled healing practitioner and biomedical."
- -Don Hanlon Johnson, Ph.D., Director of Somatics Program, California Institute of Integral Studies
- "A wonder of a book. So many wisdoms and books within books. A book for all people."
- -Betty Balcombe, Visionary Healer and Author of As I See It and The Energy Connection
- "The Heart of Listening is an impeccable work that demonstrates the healing and teaching power found in the human physical structure. Milne provides profound psycho-spiritual insights and makes a significant contribution to physicians, health professionals, and individuals who seek ways to understand the unlimited resource of healing found within the human body."
- -Angeles Arrien, Ph.D., Cultural Anthropologist and Author of The Four-Fold Way and Signs of Life

About the Author

Hugh Milne is a third-generation Scottish osteopath. He spends most of professional time teaching visionary craniosacral work in Germany, Italy, Japan, the United States, and Switzerland. He was born in 1948 and received his professional training at the British College of Naturopathy and Osteopathy in London. Repeated and startling clairvoyant revelations before and after graduation led to a determination to learn more about working with the inner eye. This search for higher teachings took him to India, where he lived for seven years. Hugh spent the last fifteen years developing his teaching work. He lives in Big Sur, California, where he is the director of the Milne Institute.

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