



# Spiritual Formation in Emerging Adulthood: A Practical Theology for College and Young Adult Ministry

*By David P. Setran, Chris A. Kiesling*

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Two veteran teachers explore spiritual formation of emerging adults, offering insight into the key developmental issues of this stage of life.

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### Editorial Review

From the Back Cover

#### Exploring the Spiritual Formation of Emerging Adults

"A thoughtful, well-informed analysis of the spiritual lives of today's emerging adults, this book provides a smooth integration of social science research and Christian insights. The authors go beyond the data to offer helpful suggestions for engaging these young people in religious life. Everyone who cares about guiding the spiritual development of emerging adults will benefit from reading this book."

--**Jeffrey Jensen Arnett**, author of *Emerging Adulthood: The Winding Road from the Late Teens through the Twenties*

"David Setran and Chris Kiesling have written a conceptually rich book that also includes wise suggestions for formational practices. They are very aware of the challenges facing those in this generation but are also optimistic about how grace can work during this time of transition."

--**James C. Wilhoit**, author of *Spiritual Formation as if the Church Mattered: Growing in Christ through Community*

"Setran and Kiesling issue a timely call for a 'practical theology' that responds to the distinctive hungers of emerging adults. This well-researched, informative, practical, and evocative book will serve those who harbor a traditional Christianity--and others--as a significant response to that vital call."

--**Sharon Daloz Parks**, author of *Big Questions, Worthy Dreams: Mentoring Emerging Adults in Their Search for Meaning, Purpose, and Faith*

"In this book, Setran and Kiesling set the agenda for Christian ministry with emerging adults. Cutting through the fog of confusion and fear that surrounds this life stage, the authors convincingly and sympathetically explain why so many emerging adults struggle to grow into spiritually mature followers of Jesus. The authors offer wise, theologically grounded advice that can help emerging adulthood become a season of spiritual opportunity rather than a decade of life in which discipleship is on hold. Parents, pastors, counselors, campus ministers, college professors, and all those who care about the spiritual lives of emerging adults need to read this book."

--**Thomas E. Bergler**, Huntington University; author of *The Juvenilization of American Christianity*; senior associate editor, *The Journal of Youth Ministry*

About the Author

Chris A. Kiesling (PhD, Texas Tech University) is professor of human development and Christian discipleship at Asbury Theological Seminary in Wilmore, Kentucky, and has served in campus ministry settings.

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