



Psilocybin Mushroom Handbook: Easy Indoor and Outdoor Cultivation

By L. G Nicholas, Kerry Ogamé

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Here is a practical step-by-step guide to cultivating four species of psilocybin-containing mushrooms, indoors and outside. Anyone with a clean kitchen, some basic equipment, and a closet shelf or shady flowerbed will be able to grow a bumper crop. This Handbook also includes an introduction to mushroom biology, a guide for supplies, and advice on discreetly integrating psychedelic mushrooms into outdoor gardens.

Hand-drawn illustrations and full-color and black-&-white photographs provide the reader with steps in the cultivation process and exact identification of desired species.

The four species detailed include two species that have previously had very little coverage: *Psilocybe mexicana* (a tiny mushroom used for millennia by indigenous Mexican shamans) and *Psilocybe azurescens* (a newly described species native to the Pacific Northwest and easily grown outdoors on woodchips).

This innovative book also offers a wealth of information about the use of psilocybin-containing mushrooms in both traditional and modern contexts. Contributing ethnobotanist Kathleen Harrison highlights the history, ritual and mythology of sacred *Psilocybe* mushrooms used in indigenous shamanic settings. The book's authors offer insights into how these principles might be put into practice by the modern voyager, to provide, safe, healing and fruitful journeys.

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