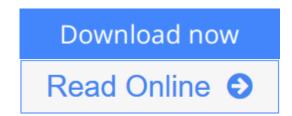


Joseph Hubertus Pilates. The Biography

By Javier Pérez Pont, Esperanza Aparicio Romero



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For the first time ever we have the chance to find out the truth about Joseph Pilates.

A book that will dispel the false myths concerning this historical figure, bring us closer to who Joe really was and what his Contrology meant.



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