



Grief Counseling and Grief Therapy, Fourth Edition: A Handbook for the Mental Health Practitioner

By J. William Worden PhD ABPP

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Named a 2013 Doody's Core Title!

In the fields of death education, research and counseling/psychology, surely Bill Worden is a giant....ALL of us, personally and professionally, are indebted to J. William Worden. From his work we may be just a bit wiser, a bit healthier, a bit more competent, and a lot more in touch with meaning (our own and those of others) for the sake of all who mourn." --**Illness, Crisis, & Loss**

Every helping professional will profit from Worden's treatment of uncomplicated and complicated mourning. Especially hopefully is his material on the many types of loss...I highly recommend Worden's book."--**Ministry**

Recipient of The International Work Group on Death, Dying and Bereavement Herman Feifel Award.

Dr. Worden presents the highly anticipated fourth edition to Grief Counseling and Grief Therapy, the gold standard of grief therapy handbooks. The previous editions, translated into 12 languages, received worldwide acclaim for their sensitive, insightful, and practical approach to grief counseling. In this updated and revised fourth edition, Dr. Worden presents his most recent thinking on bereavement drawn from extensive research, clinical work, and the best of the new literature.

Key Features:

- The task model has been modified to account for new thinking and research findings in the field, including meaning making, resilience, and continuing bonds
- A new chapter on the Mediators of Mourning helps clinicians to understand what accounts for individual differences in adapting to the death of a loved one

- Looks at recent controversies in the field including the best way to understand complicated bereavement and the efficacy of grief counseling and therapy
- Presents the vital distinction between grief and trauma, and highlights different intervention approaches for each

Comprehensive and highly organized, this text is useful to therapists just beginning to work in the field as well as seasoned practitioners.

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Editorial Review

Review

"Worden... has again provided mental health professionals with a superb guide describing specific principles and procedures that may be helpful in working with bereaved clients undergoing normal or abnormal grief reactions... an extremely practical book and an invaluable resource." --Contemporary Psychology "This book is the 'Bible' for those involved in the field of bereavement work...It is a straightforward, tightly focused, practical, soundly reasoned, compact working text." --William M. Lamers, Jr., MD., The Lamers Medical Group "If you had one book dealing with grief counseling available to you, this is the one you should select." --Caregiver Quarterly"

Review

J. William Worden, PhD, ABPP

"The Fourth Edition of this book retains all the theoretical strengths and clinical wisdom of past editions, while incorporating emerging theories and cutting-edge research. It is required reading for any counselor, educator, or researcher who wishes to understand grief."

-- **Kenneth J. Doka**, PhD, Professor, The Graduate School, The College of New Rochelle, Senior Consultant, The Hospice Foundation of America

"I can't think of a thing Worden has missed."

-- **Stephen Fleming**, PhD, Department of Psychology, Faculty of Health, York University Toronto, Ontario Canada

"[If] you knew Worden's work and his writings previously, you'll find an enhanced book with a much broader and challenging perspective than his previous editions. If you are not familiar with Bill Worden, then it is time to begin."

-- **Ben Wolfe**, MEd, LICSW, Fellow in Thanatology, Program Manager/Grief Counselor, St. Mary's Medical Center's Grief Support Center Duluth, MN, Past President, Association for Death Education and Counseling

"For any hospice or therapist working with the bereaved, Grief counseling and grief therapy is an essential part of your library. Once again Worden has demonstrated the important distinction between counseling and therapy for the bereaved."

--**Stephen R. Connor, PhD**, Vice President for Research and International Development, National Hospice and Palliative Care Organization

Praise for the Previous Edition:

"This book is the 'Bible' for those involved in the field of bereavement work...It is a straightforward, tightly focused, practical, soundly reasoned, compact working text."

-- **William M. Lamers Jr.**, MD, The Lamers Medical Group

"There are many yardsticks by which we find a person to be a "giant." In the fields of death education, research and counseling/psychology, surely Bill Worden is a giant....His four volumes span some 20 years. Each volume keeps the solid essentials that never really change, but get some buffing and polishing....Worden demands that we stay current and will not tolerate anything that hints of second best. The foundations stay, but the substance continues to evolve. So, with volume four we have a handy, well-

stated review....ALL of us, personally and professionally, are indebted to J. William Worden. From his work we may be just a bit wiser, a bit healthier, a bit more competent, and a lot more in touch with meaning (our own and those of others) for the sake of all who mourn."

Richard B. Gilbert, PhD, CT, (D)AAETS

Faculty, Mercy College, New York

Faculty, Benedictine University of Illinois

From the Back Cover

"Designated a Doody's Core Title!

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Users Review

From reader reviews:

Frank Farrow:

Why don't make it to become your habit? Right now, try to ready your time to do the important take action, like looking for your favorite publication and reading a guide. Beside you can solve your long lasting problem; you can add your knowledge by the publication entitled Grief Counseling and Grief Therapy, Fourth Edition: A Handbook for the Mental Health Practitioner. Try to the actual book Grief Counseling and Grief Therapy, Fourth Edition: A Handbook for the Mental Health Practitioner as your close friend. It means that it can for being your friend when you feel alone and beside associated with course make you smarter than previously. Yeah, it is very fortunated in your case. The book makes you a lot more confidence because

you can know every little thing by the book. So , let us make new experience along with knowledge with this book.

Shirley Wales:

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Tracey Cook:

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Sheri Williams:

A lot of people always spent their very own free time to vacation as well as go to the outside with them household or their friend. Do you realize? Many a lot of people spent many people free time just watching TV, or maybe playing video games all day long. If you need to try to find a new activity that's look different you can read a new book. It is really fun for yourself. If you enjoy the book that you just read you can spent all day every day to reading a publication. The book Grief Counseling and Grief Therapy, Fourth Edition: A Handbook for the Mental Health Practitioner it is extremely good to read. There are a lot of people who recommended this book. We were holding enjoying reading this book. When you did not have enough space bringing this book you can buy typically the e-book. You can m0ore effortlessly to read this book out of your smart phone. The price is not very costly but this book provides high quality.

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