



Crystal Prescriptions volume 4: the A-Z guide to chakra balancing crystals and kundalini activation stones (Crystal Bible)

By Judy Hall

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Crystal Prescriptions volume 4: the A-Z guide to chakra balancing crystals and kundalini activation stones (Crystal Bible) By Judy Hall

This directory provides all you need to know about crystals for the chakras, subtle energy bodies and raising kundalini. There are many more chakras than the conventional seven that have traditionally been in use. As the frequency of the human organism is raised, additional chakras are opening up to assimilate higher dimensional energy. This frequency uplift, and overall well-being, can be facilitated by stimulating the rise of kundalini energy, which in turn can be activated with appropriate crystals. However, spontaneous kundalini awakening can be overwhelming. Fortunately crystals have the answer. This new directory in the A-Z series assists you to identify exactly the right crystal to release any blockages and return the chakras to a state of equilibrium. This will enable the higher chakras to open and controlled kundalini rise to occur.

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Editorial Review

About the Author

An internationally known author, astrologer, psychic, healer and workshop leader, Judy Hall has been a karmic counsellor for over forty five years and is the author of the million selling Crystal Bibles. Her books have been translated into fifteen languages. O Books publish titles in the series Crystal Prescriptions: the A-Z guide to healing crystals. She was recently voted the Kindred Spirit MBS personality of the year 2014 and has appeared four times on the Watkins MBS list of 100 most spiritually influential living writers.

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