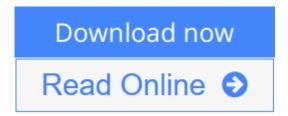


### The Parenting Bible: The Answers to Parents' **Most Common Questions**

By Robin Goldstein Ph.D.



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All in one place for the first time, parents can find answers to the many questions that come up all through a childhood.

- --Should I pick my baby up when he cries?
- --How much babyproofing do I need to do?
- --What should I do about temper tantrums?
- --Is my child too dependent on me?
- -- Can too much praise backfire?
- --How can I enhance my child's self-image?
- --Should I give an allowance?
- --How should I handle fads with my pre-teen and teenager?
- -- Can my older child stay alone after school?

Answers to these and hundreds of other questions (more than 200 in all) are given in a thoughtful and balanced manner, allowing parents to choose the solution that will work best for them and their family. Topics cover the age ranges from birth to age 13, and are the questions most often asked of the author as a parenting consultant and educator.



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## The Parenting Bible: The Answers to Parents' Most Common Questions By Robin Goldstein Ph.D. Bibliography

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#### **Editorial Review**

#### From Publishers Weekly

Goldstein, a child development expert and member of the Johns Hopkins University faculty, and writer Gallant present a well-rounded parenting primer, covering the years from infancy to pre-adolescence. The authors divide their guidebook into three parts, dealing with birth to age five, six to nine, and 10 to 13. Topics (dependency, sleep issues, eating and so forth) are presented in a question-and-answer format, with some subjects appearing in more than one part, such as sibling relationships. This format enables readers to easily locate an age-appropriate answer to ongoing concerns. Goldstein focuses on understanding developmental issues; to wit, she urges parents to be patient and give children time to give up thumb sucking, learn to walk, toilet train, etc., explaining that pressuring kids to perform before they are developmentally ready may result in stress and setbacks. One section even answers the question "How can I be more patient?" Though seasoned parents may already know the drill on many of the basic questions addressed, the authors' reassuring answers will be particularly useful to first-time parents, who may wonder if their child's behavior is "normal." This accessible reference provides a calm, commonsense approach that's respectful toward children and parents alike; the authors' overriding message to accept each child's pace and character is a valuable lesson for parents no matter how old the child.

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#### From Library Journal

Well written by experienced professionals, these two books describe child-rearing problems and solutions in brief chapters. Neither book is meant to be read from cover to cover but instead referred to as situations arise, limiting usefulness in the library. Goldstein, who teaches child development at Johns Hopkins University, and coauthor Gallant, a writer specializing in family issues and education, have organized The Parenting Bible into three parts based upon a child's age: the first five years, ages six to nine, and ages ten to 13. Each part is color-coded on the edge of the page and contains topics phrased as a question (e.g., "How can I help my child adjust to moving?") for the appropriate age. The descriptions of children and the resolution of issues are based upon the theories of child development researcher Jean Piaget and psychosocial theorist Erik Erikson, offering an accessible way for parents to understand their theories. The Parent's Problem Solver was written by a pediatrician/licensed midwife with over 20 years' experience in parenting issues. Tobin has developed methods for solving problems using the Three Rs (reframe, reflect, resolve) and the acronym STOP (see, think, observe, put it together). These methods, along with worksheets at the ends of chapters (problematic for libraries), are meant to help resolve parenting issues. The chapters are arranged alphabetically by topic (e.g., "Crying"), and the book closes with an annotated list of resources for each chapter that includes books, web sites, and organizations. Goldstein and Tobin do not concur on many topics, such as the use of pacifiers or what to do when children wake up at night, which will frustrate parents. Tobin's list of resources will be useful for library collection development, but Goldstein's book covers more topics and, given its organization by age, is more conducive to browsing, making it the more likely choice for public libraries. Alice Hershiser, Reedville, VA

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#### From **Booklist**

Goldstein has compiled questions she's encountered in 20 years of child-development education in this parenting resource. Her aim is to fill the support gap that has developed as families become so busy and farflung that neighborhood resources and family members are no longer an option. The chapters are arranged by age group: from birth to age 5, from 6 to 9, and from 10 to 13. Goldstein begins each chapter with an

overview of parenting issues for that age group--sleeping, eating, and fears and imagination among children under 5 to independence and responsibility for those from 10 to 13. She uses a question-and-answer format to address particular issues: "Is my child too dependent on me?" "Should I give my child a pacifier?" "Why is my child so competitive?" Parents will find this format particularly helpful. *Vanessa Bush Copyright* © *American Library Association. All rights reserved* 

#### **Users Review**

#### From reader reviews:

#### Mary Edick:

Here thing why this specific The Parenting Bible: The Answers to Parents' Most Common Questions are different and dependable to be yours. First of all looking at a book is good but it really depends in the content of the usb ports which is the content is as yummy as food or not. The Parenting Bible: The Answers to Parents' Most Common Questions giving you information deeper including different ways, you can find any book out there but there is no book that similar with The Parenting Bible: The Answers to Parents' Most Common Questions. It gives you thrill looking at journey, its open up your eyes about the thing that will happened in the world which is maybe can be happened around you. It is easy to bring everywhere like in park, café, or even in your approach home by train. If you are having difficulties in bringing the branded book maybe the form of The Parenting Bible: The Answers to Parents' Most Common Questions in e-book can be your alternative.

#### **Dawn Spigner:**

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#### **Scot Vines:**

People live in this new day time of lifestyle always try and and must have the time or they will get lot of stress from both everyday life and work. So , when we ask do people have time, we will say absolutely of course. People is human not just a robot. Then we question again, what kind of activity do you possess when the spare time coming to anyone of course your answer will probably unlimited right. Then ever try this one, reading guides. It can be your alternative with spending your spare time, the book you have read is definitely The Parenting Bible: The Answers to Parents' Most Common Questions.

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