



Karma and Reincarnation: The Wisdom of Yogananda, Volume 2 (v. 2)

By Paramhansa Yoganada

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Many people share theories on reincarnation, or karma, or what happens at death. Paramhansa Yogananda, a master of yoga, writes from his own true knowledge and experience. Coming through Yogananda's words, above all, is the deepest encouragement to every reader: the reassurance that God loves us, and that all of life is designed to help us move toward our own highest fulfillment. Included in the book are such subjects as: * Why do we see a world of suffering and inequality? * How should we handle the challenges in our lives? * What happens at death, and after death? Is there a heaven? * What is the origin and purpose of reincarnation? * This book offers fascinating answers for life's great mysteries, but, more importantly, it tells you how to make the most of every day of the life you've been given. * As Yogananda explains the operation of karma, death, and reincarnation, he also shares the deeper purpose of existence for every soul. Understanding these truths can bring clarity, confidence, and inspiration into your life. The Wisdom of Yogananda series features writings of Paramhansa Yogananda not available elsewhere. These books capture the Master's expansive and compassionate wisdom, his sense of fun, and his practical spiritual guidance. The books include writings from his earliest years in America, in an approachable, easy-to-read format. The words of the Master are presented with minimal editing, to capture the fresh and original voice of one of the most highly regarded spiritual teachers of the 20th century.

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Editorial Review

From the Publisher

Karma, death, and reincarnation are fascinating subjects for many of us. The more we understand them, the richer and more meaningful life becomes for us. In this book you'll read the words of Paramhansa Yogananda, a great master of yoga who wrote not from speculation, but from his inner perception of truth.

Yogananda offered teachings that can fill your life with inspiration and clarify your spiritual direction.

Paramhansa Yogananda came to the United States from India in 1920, bringing to the West the teachings and techniques of yoga, the ancient science of soul awakening. He was the first master of yoga to make his home in the West, and his *Autobiography of a Yogi* has become the bestselling autobiography of all time, awakening fascination in Westerners with the spiritual teachings of the East.

Yoga is the ancient science of redirecting one's energies inward to produce spiritual awakening. In addition to bringing Americans the most practical and effective techniques of meditation, Yogananda showed how these principles can be applied to all areas of life. He was a prolific writer, lecturer, and composer. He lived in America 32 years, until his death in 1952.

The articles included in this book are taken from several sources: the lessons he wrote in the 1920s and 1930s; articles of his that appeared in *Inner Culture* and *East West* magazines, published before 1943; the 1946 edition of *Autobiography of a Yogi*; Yogananda's original interpretation of *The Rubaiyat of Omar Khayyam*, edited by Swami Kriyananda; and notes taken by Swami Kriyananda during the years he lived with Yogananda as a close disciple.

Our goal in this book is to let the Master's spirit come clearly through, with a minimum of editing. Sometimes sentences, redundant in the present context, have been deleted. Sometimes words or punctuation have been changed to clarify the meaning. Most of what is included here is not available elsewhere.

May Yogananda's words on this important subject bring you understanding, comfort, and inspiration.

From the Inside Flap

As you explore the subjects of karma, death, and reincarnation in the pages of this book, you discover that each subject has much to teach you about how to approach every day of your life. Beyond that, as you delve into these pages, you will find a greater sense of direction and inner joy filling your life.

Paramhansa Yogananda (1893-1952), one of the most renowned and beloved yoga masters of the 20th century, is the author of the spiritual classic, *Autobiography of a Yogi*. One of the first teachers to bring yoga to the West, Yogananda emphasized direct inner experience of the Divine, which he called "Self-realization." His teachings are universal and offer a practical approach to inner awakening.

In his early years in America (1920-1942) Yogananda wrote several series of lessons and many articles that are no longer widely available. The writings in the *Wisdom of Yogananda* series are drawn from these sources.

From the Back Cover

Explore the Mysteries of Life and Death

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Included in the book are such subjects as: Why do we see a world of suffering and inequality? How should we handle the challenges in our lives? What happens at death, and after death? Is there a heaven? What is the origin and purpose of reincarnation?

This book offers fascinating answers for life's great mysteries, but, more importantly, it tells you how to make the most of every day of the life you've been given. As Yogananda explains the operation of karma, death, and reincarnation, he also shares the deeper purpose of existence for every soul. Understanding these truths can bring clarity, confidence, and inspiration into your life.

Users Review

From reader reviews:

Alex Lynch:

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Erin Cummins:

In this 21st hundred years, people become competitive in each way. By being competitive currently, people have do something to make all of them survives, being in the middle of the crowded place and notice by simply surrounding. One thing that sometimes many people have underestimated that for a while is reading. Yep, by reading a book your ability to survive increase then having chance to stand up than other is high. In your case who want to start reading some sort of book, we give you this specific Karma and Reincarnation: The Wisdom of Yogananda, Volume 2 (v. 2) book as beginning and daily reading e-book. Why, because this book is usually more than just a book.

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